

# Scales with a Twist (Modes) 1 of 2



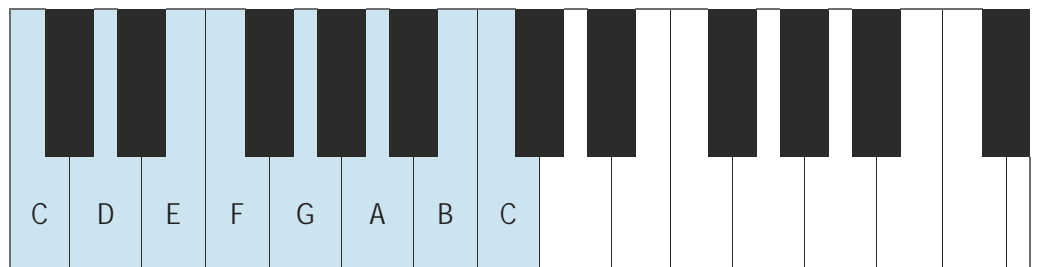
A mode is a set of notes that is based on a scale. Most of these 7 modes have two different ways to find them:



## 1: Ionian

This mode (C Ionian, in this case) has the same notes as the major scale (C major, in this case).

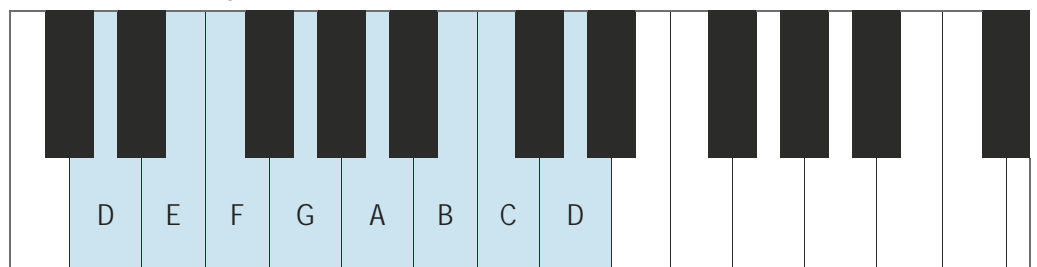
This example of the Ionian mode is called "C" Ionian because it begins on C.



## 2: Dorian

This mode (D Dorian, in this case) has the same notes as the major scale that is 2 half steps lower (C major, in this case) than the starting note.

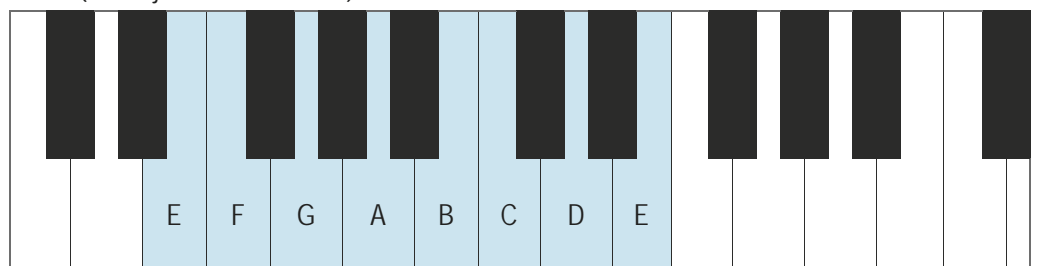
This mode is played the same as if you played the major scale, (D major, in this case) but lowered the 3rd and 7th note.



## 3: Phrygian

This mode (E Phrygian, in this case) has the same notes as the major scale that is 4 half steps lower (C major, in this case) than the starting note.

This mode is played the same as if you played the major scale, (E major, in this case) but lowered the 2nd, 3rd, 6th, and 7th note.

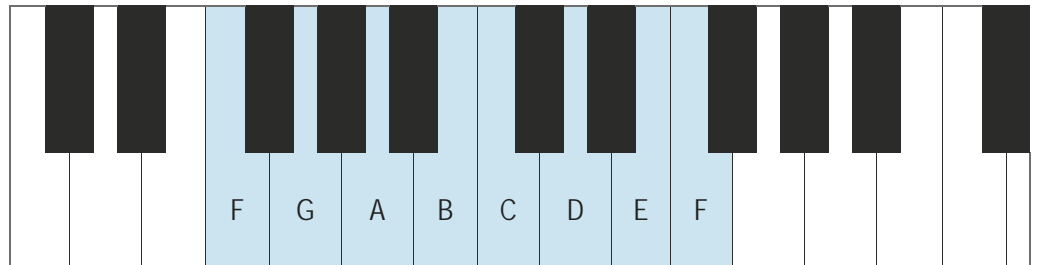


# Scales with a Twist (Modes) 2 of 2

## 4: Lydian

This mode (F Lydian, in this case) has the same notes as the major scale that is 5 half steps lower (C major, in this case) than the starting note .

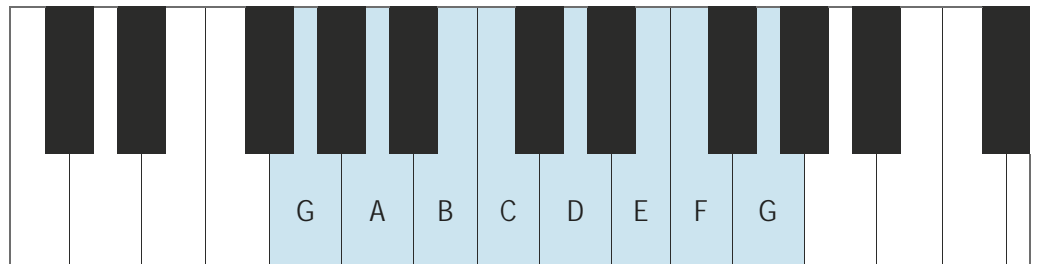
This mode is played the same as if you played the major scale, (F major, in this case) but raised the 4th note.



## 5: Mixolydian

This mode (G Mixolydian, in this case) has the same notes as the major scale that is 7 half steps lower (C major, in this case) than the starting note .

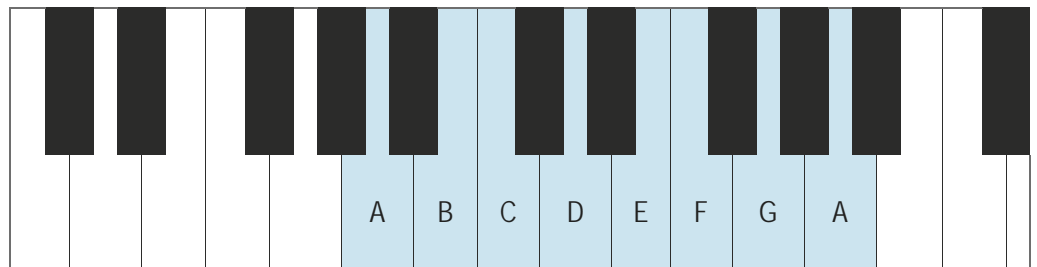
This mode is played the same as if you played the major scale, (G major, in this case) but lowered the 7th note.



## 6: Aeolian

This mode (A Aeolian, in this case) has the same notes as the major scale that is 3 half steps higher (C major, in this case) than the starting note .

This mode is played the same as if you played the major scale, (A major, in this case) but lowered the 3rd, 6th, and 7th note.



This mode is also known as a "natural minor scale".

## 7: Locrian

This mode (B Locrian, in this case) has the same notes as the major scale that is 1 half step higher (C major, in this case) than the starting note .

This mode is played the same as if you played the major scale, (B major, in this case) but lowered the 2nd, 3rd, 5th, 6th, and 7th note.

