

Practice Time

They say “Practice makes perfect.” Track your progress toward perfect here. Each week, write how many minutes you hope to practice. Fill in the names of the days after your lesson and then record how many minutes you practice each day. At the end of the week, total your time and adjust your goals for the next week.

Goal	Lesson Day	___ day	___ day	___ day	___ day	___ day	___ day	Total